St. James' Christleton





Occasions in October

Sat	2	9.00 am -	Churchyard Work Party. All welcome to come and help
		1.00 pm	
Sun 22	3		The Seventeenth Sunday after Trinity - Proper
		8.00 am	Holy Communion - Order 2
		10.30 am	Sunday School - Parish Hall
		10.45 am	Parish Communion - Order 1
		6.00 pm	Youth Group - Parish Hall
		6.30 pm	Evensong - followed by refreshments Prayer Link: Cotton Abbotts
Mon	4	10.45 am	Holy Communion at Tarvin Court Nursing Home
		11.20 am	Holy Communion at Oaklands Nursing Home
Wed	6	10.45 am	United Communion - followed by refreshments
Fri	8	10.30 am	Primary School Harvest
		6.30 pm	Choir Practice
Sat	9	9.00 am	Decoration of Church for Harvest
Sun	10		Harvest Festival
		8.00 am	Holy Communion – Order 1
		10.45 am	HARVEST FAMILY SERVICE - followed by
			refreshments
		6.00 pm	Youth Group - Parish Hall
		6.30 pm	Festal Evensong
			Prayer Link Road: Cotton Edmunds
Mon	11	9.00 am	Preparation and distribution of Harvest parcels help welcome
		2.00 pm	Mothers' Union -Parish Hall
		7.30 pm	Diocesan Roadshow for PCC - Ellesmere Port
Wed	13	10.45 am	Holy Communion - followed by refreshments
		11.30 am	Holy Communion at Birch Heath Lodge Nursing Home
		2.30 pm	Parish Visiting Group
Fri	15	6.30 pm	Choir Practice
			NB: Last date for any contributions for November
			Parish Magazine to David Bull (332234). Earlier if
			possible.
Sat	16	2.15 pm	Readers' Service & Licensing of Wayne Morris as
			Reader - Cathedral
			Harvest Supper at Bickerton Poacher

Sun	17	8.00 am 10.30 am 10.45 am 6.00 pm 6.30 pm	The Nineteenth Sunday after Trinity - Proper 24 Holy Communion - Order 1 Sunday School - Parish Hall Parish Communion - Common Worship Order 1 Preacher - Mr Wayne Morris Youth Group - Parish Hall Evensong Prayer Link Road: Croft Close Neighbourhood Link: Beryl Cummings	
Mon	18	9.00 am	Holy Communion for St Luke	
Wed	20	10.45 am 7.45 pm	Holy Communion - followed by refreshments Inter-Faith Reflections - Methodist Church The Rev'd Bill Sykes, Chaplain of University College, Oxford will speak and help us reflect on inter-faith relations.	
Fri	22	6.30 pm	Choir Practice	
Sun	24	8.00 am 10.30 am 10.45 am 6.00 pm 6.30 pm	The Last Sunday after Trinity - Proper 25 Holy Communion - Order 1 Sunday School - Parish Hall Matins - followed by refreshments Youth Club – Parish Hall Evening Communion - Order 1 Prayer Link: Durban Avenue Neighbourhood Link: Audrey Williams	
Mon Tues Wed Thur Fri	26	2.30 pm 8.00 am 10.45 am 9.00 am 6.30 pm	Afternoon Open House - All welcome - 24 Hawthorn Road Parish Ramble group leaves car park for Anglesey Holy Communion - followed by refreshments Holy Communion for St Simon & St Jude Choir Practice	
Sun	31	8.00 am 10.30 am 10.45 am 6.00 pm 6.30 pm	All Saints Sunday Holy Communion - Order 1 Sunday School - Parish Hall Matins Youth Group - Parish Hall Evening Worship Prayer Link: Those worshiping at St James' who live outside the parish	

The Rector's Letter

Dear Friends

Hidden Depths

In the winter of 1850 a wild storm stripped the grass from the high dune known as Skarra Brae in the Bay of Skaill on mainland Orkney. An immense midden and the ruins of ancient dwellings were uncovered. Skarra Brae was inhabited before the Egyptian pyramids were built, and flourished many centuries before construction at Stonehenge began – it is 5,000 years old. It remained hidden and unknown until that storm revealed its remarkably preserved semi-subterranean structures and even stone furniture. This summer Fiona and I enjoyed a holiday on Orkney, where you have the sense that you are surrounded not only by thousands of years of history, but also by wide open seas and skies – archaeology and nature entwined in a harmonious entity.

Of course, you don't have to go to Orkney to discover archaeology. Here in Chester we have many discoveries, mainly of Roman Deva, though sometimes we need to discover what we can before it is obliterated by modern structures. No doubt the whole country is full of archaeological evidence waiting to be discovered, but what we have built on the surface obscures what lies beneath. Perhaps that can be an illustration for us of the spiritual life. God is everywhere. So few are aware of his presence today, because they have obliterated the evidence by the things they have built up for themselves – they deduce God is not there, because they will not dig below the surface.

One day on Orkney we visited The Tomb of the Eagles on South Ronaldsay. A Neolíthic tomb and a Bronze Age burnt mound were discovered there by the farmer, just while working his land. He showed us round, and his granddaughter explained the exhibition. Perhaps that can remind us that our faith does not belong to the 'professionals', but that each of us can discover, and bear witness to, God as we go about our daily business – he is there waiting for us to make our own personal discovery of his presence and power in our daily lives. The Tomb of the Eagles is called such because, together with all the human skulls and bones – and there were plenty of those! - were talons and remnants of Sea Eagles. Last May Fiona and I saw a Sea Eagle sitting on its nest on the Morven Peninsula, overlooking the Isle of Mull in Western Scotland, but you cannot find them on Orkney now. But obviously they were there 5,000 years ago, and are thought to have been the 'totem' of this particular village. One of the reasons it is thought ornamental artefacts are found on these sites, is that it is reckoned they would only have to work the equivalent of two days a week in

order to survive. They would have had plenty of time for creative recreation. The ground is so fertile that crops grow in profusion: the sea provides a plentiful harvest of fish, and there is good grazing for cattle. Perhaps more significantly, the settlements show no sign of military defences and, although there are many farming artefacts, none are identified as weapons. These people lived at peace with each other and their environment – a parable of how God intends us to live an integrated and harmonious life. There is stark contrast between that and the more recent historical sites in Orkney surrounding Scapa Flow, where there are the sad remains of 2 world wars. There are wrecks stranded in the water and the ugly remains of concrete bunkers and gun emplacements – memorials to the waste and destruction of war and man's inability to live in harmony with the peaceful rhythms of God's world.

As we come to celebrate our Harvest Festival and thank God for all the good things he provides for life in his world, let us dig below the surface, and see that as a sign and sacrament of his spiritual presence underlying all of life. May we so discover those hidden depths in our life, that we play our part in working for peace and harmony throughout God's world.

Yours sincerely

Peterlee

<u>Prayer of the Month:</u> "I Have Seen the Lord" by David Adam

Where the mist rises from the sea Where the waves creep upon the shore Where the wrack lifts upon the strand I have seen the Lord

Where the sun awakens the day Where the road winds on its way Where the fields are sweet with hay I have seen the Lord

Where the stars shine in the sky Where the streets so peaceful lie Where the darkness is so nigh I have seen the Lord.

The Lord is here, the Lord is there, The Lord is everywhere. The Lord is high, the Lord is low, The Lord is on the path I go. Amen October, 2004

Cover Feature of the Month.

Mrs Elizabeth Capper celebrating her hundredth birthday at a very special party with fellow residents of The Square on Friday 10th September 2004.

St. James' Christleton



IN THE NEWS. ongratulations to Mrs Elizabeth Capper 100 years young!

A very belated happy birthday to Mrs Capper, a resident of "The Square", who was 100 years old, on September 10th 2004. With love and good wishes from all her friends and neighbours in "The Square", and congratulations

NATURE NEWS.

beautiful pair of Hen Harriers were spotted in a corn field near the Abbots Well earlier in the month These elegant birds of prey about the size of a buzzard were spotted by a farmer whilst cutting the field. He could see the distinctive pale grey plumage with black wing tips and white rump of the male bird, together with the dark brown feathers and paler yellow below of the female together with her barred wings and tail, and a clear white rump. The birds stayed for several days and were probably moving through on passage. They wouldn't normally be seen in areas like Christleton, and as far as I know the sighting is a first for the area.

READERS' SERVICE AT CATHEDRAL LICENSING OF WAYNE MORRIS

he Readers' Service at the Cathedral, when Wayne Morris is to be Licensed as a Reader, is on Saturday 16 October at 2.15 pm. Anyone is welcome to come to support Wayne as he becomes a Reader to serve here at St James and in the Diocese. (Arrive early to get a seat). Christleton Parish Magazine

CHURCHES TOGETHER IN CHRISTLETON INTER-FAITH REFLECTIONS Wednesday 20 October at 7.45 pm Methodist Church

he Revd WGD Sykes, Chaplain of University College, Oxford will speak, and help us to reflect on Inter-Faith relations. Bill Sykes has made a particular contribution at University College focused on his Reflection Groups. These bring together undergraduates and post graduates of different faiths and nationalities.

Bill Sykes is a Yorkshireman who served in the Gurkhas before studying Law. His Parish work has embraced Bradford and Nigeria and he revisited Nepal last year. In recent years he has been well known for his published anthologies such as "A Vision of Faith" and "A Vision of Love."

COMMUNITY REGISTER

ome years ago, Churches Together in Christleton started compile to а booklet all organisations, of clubs. societies. meetings that take place in Christleton Ecclesiastical Parish (including Littleton. Rowton. Cotton Edmunds and Cotton Abbots) with all relevant names and telephone numbers. times locations. This booklet. and Community known the as Register, is updated everv year or two and is given to newcomers to this Parish as they arrive in the village, by the relevant Neighbourhood Link.

It is a very useful and informative leaflet and may be of interest to many others. There are copies at the back of St. James, in the Methodist Chapel, in the Parish Hall and in the village Post Office. where anvone can read it. If you should wish to have a copy yourself, these can be obtained either through your Link, or from me, for 50p. The members of the Churches Together Committee would also be very glad to know of any changes to the given information, ready for our next updating.

www.christleton.org.uk

Gardening for Wildlife Part 2

here are wonderful new projects such as The Eden Project in Cornwall, the restoration of the Lost gardens of Heligan, a national botanical garden in Wales, and the development of the gardens at almost every stately home. Tatton Park is a good example, the restored with Japanese Garden, and new Kitchen Garden. And how many garden centres now exist. to sell you plants that have better varieties, quality,

and colour than we've ever seen. So on one side we have the diminishing loss of natural species, and yet there is as much enthusiasm as ever for gardens and gardening. What I hope will happen is that everyone will try just a little harder to create space for one or two species of wildlife in their gardens. Multiply the two species by the number of gardens in the country and it will make a huge difference.

What I'm going to try to attempt in the next few months is to try to tell



you about the small part you can play in creating a garden friendly to wildlife. I'm sure most people create situations in their gardens, which automatically provide wildlife with homes or food. Of course the one major problem we have is that gardens are all shapes, sizes, each with different soils and habitats, with the different needs of the people who garden. Some people just want a fine lawn with pretty borders of flowers to look at, others create a garden Christleton Parish Magazine from containers to liven up a multistory block of flats, some people have allotments and vegetable gardens providing nourishing food, others want a small pond to attract wildlife etc etc. No one situation is ever the same.

Whatever our needs are, we can all make a difference to wildlife in the future, by providing for them in our plans. Even by simply providing a small dish of water, for birds to drink and bathe in during spells of hot weather, and by maintaining a supply of water even in the icy periods of winter we are doing some good.

To be continued David Cummings

SORRY

apologies Sincere for omissions of some of the material submitted for the September magazine. due to over This was not zealous editing but rather to " software alitch. а

CHILDREN'S SOCIETY BOXES

Attention all Box Holders!! Just a few weeks left before Box Opening 2004. Please check next month's Parish Magazine for details of our annual Offertory Service.

> Many thanks Lesley Morgan

WELCOME

A very warm welcome to Eric and Marie Davies now residing at 6 Church Walks from all their family and friends.

Ruby Wedding Anniversary

Congratulations to Michael and Christine Abrams

RUBY WEDDINGANNIVERSARY 10th October, 2004

CATHEDRAL LINK

Well Done!

Judy Davies, our Education Officer has, for the second time, been awarded the prestigious Sandford Award for the excellence of her work with children and young people visiting the Cathedral. She was first given the award six years ago and, in order to receive it a second time, had to show evidence of how her work had developed and expanded in the intervening period. The adjudicator was extremely complimentary not only about her work, but about that of her volunteer helpers whom he had had a chance to observe. He spoke of a team of well trained guides whose skills involve the pupils in seeing and understanding what is around them. Schools will benefit their pupils of all levels by partaking in the spiritual and academic experience which a planned visit to the Cathedral affords.

Boxed but not shelved yet That is the state of play in the Cathedral Library. The 10,000 or so books have been boxed during the building of the Song School. It may be about another 12 months before business resumes. We will try to keep you upto-date. Please watch this space!

Canon L. Roy Barker Hon Librarian

The Feast of St Francis of Assisi

Unusually, this year there will be a Sung Eucharist in the Cathedral for the feast day of Saint Francis on October 4th at 5.30 pm. The celebration is prompted by the twenty-fifth anniversary of the ordination to the priesthood of Canon Christopher Burkett. All are warmly invited to join him to mark this occasion with prayer and praise to God.

APOLOGY TO MRS CAPPER A very sincere apology to Mrs Capper and the ladies who sent in the message about her 100th birthday greeting that it was not included in the September magazine. We hope you enjoy the picture on the front cover of this month's magazine.

SORRY SQUIRRELS

A warm sunny afternoon on the 8th September and I needed to deliver a flower arrangement to the Christleton Women's Insitute Produce Show at the Parish Hall. There was a bit of a breeze so I decided to take the entry in the car. It must have been the charming distracting laughter of the 'calandar girls' that caused me to forget my car and walk home without it. On the pavement

outside Christleton House crouched on the very edge of the pavement was a young squirrel. It did not immediately shoot up a tree as they usually do but just stayed practically motionless. I bent down and lifted him up. There was no struggling. I walked back to the Parish Hall. Victoria sponges were suspended for a moment as the ladies viewed my find. Ann Barclay the WI president wanted to

touch a squirrel for the first time. Come to think of it I had never touched one before. I returned home with my new friend and took him away from the horrendous dangers of the highway into the peaceful sanctuary of my garden. Trying to put him down on the lawn he just clung to my hand and then climbed up my arm gripping tightly with his perfectly formed small paws. I left him in the garden jumping in and out of the shrubs. A happy squirrel. It was a mild night October, 2004 so I thought he would be alright. I could never have been more wrong. The following morning he was lying there in the grass dead without his head. The flower arrangement was highly commended. There are no commendations for how I misjudged the fatal dangers of the night in my garden and what lurks there for a young squirrel. I considered the possibility of there being another young squirrel leaving



the same nest so I hastened back to Christleton House. I was right. There just a few feet away away from where I had picked up the squirrel was his relative. Flat on the road. Life is uncertain. I know there are many people who have no liking for squirrels and would say "Good ridence". "Rats with tails" is an expression I have heard. I disagree. I got it wrong. Sorry squirrels. *Richard Nicholson*

RAMBLING GROUP

"Watch where you put your feet, Margaret - I'm following your white shoes". This from David Mercer walking behind me as several of us proceeded on our way home in the dark, along the Canal Tow Path. The Rambling Group had finished their walk to eat appetising puddings at the home of David and Beryl Cummings in Rowton. They had begun in Vicars Cross with "starters" hosted by Liz and Ron McClure, and continued to Christleton for the main course with Christine and Michael Abrams. Thanks to Liz for the organisation and to all who prepared the food and drink, resulting in a most enjoyable evening of fellowship over Saturday of Bank Holiday weekend. the

MC



VILLAGE MILLENNIUM FUND

I'm delighted to be able to report the excellent news that has recently been passed on to me. about the Kamatuza Project in Uganda, that we supported as our main objective in Millennium Year. I'm pleased to tell you that the two school buildings for over 500 children have been completed, and that the wells and water facilities that we helped to fund, are providing clean fresh water to drink, and excellent facilities for the future health care of the community. Enough money was provided for the site to be provided with electricty, and to provide a safer environment for the children who board at the school. The project in Kamatuza is being led by an organisation called "Just Care" based on the Wirral, and is a wonderful example of the coming together of a large number of diverse organisations Funds for the Kamatuza project have been provided by, Bexhill High School in Sussex, Tower College in Rainhill Liverpool, Feedwater Ltd Wirral, and Wilmslow Wells from North Cheshire through whom we contributed our funds of over £2500. It's reported that " the village of Kamatuza is now alive with the **Christleton Parish Magazine**

sound of happy children", and plans are being drawn up for an orphanage, and more dormitories and classrooms to serve the ever increasing demand for education. I'm delighted to be able to bring you this report, which completes our contribution to the developing world through funds we raised in Millennium Year. Thanks to everyone who contributed in any way.

David Cummings

YOUR GUARDIAN ANGEL

he teaching of Jesus encourages us to believe that we each have our own guardian angel. He once said, 'See that you do not look down on one of these little ones. For I tell you that their angels in heaven always see the face of my Father in heaven.' (Matthew 18.10)

The existence of angels was suggested in various Old Testament texts, Jesus mentioned them explicitly, and the early Christians accepted their existence and work (Acts 12.15).

In England, devotion to the angels, both in Anglo-Saxon times and later, was strong. In

modern times, the great American evangelist Billy Graham, has written an entire book on the existence and work of angels.

Alcuin described them as intercessors (in the 11th century Leofric Missal); Herbert of Losinga, bishop of Norwich (d 1119) specially praised them, and his contemporary, Reginald of Canterbury, wrote prayers in their honour.

Honorius Augustodunenis (d 1151) clarified the existing belief of the time by asserting that each human soul, when infused into the body, is entrusted to the particular care of a single angel, who protects both body and soul and offers prayers to God.

For many centuries Christendom was satisfied with the feast of St Michael (and all Angels), but the special feast of the Guardian Angels was introduced in Austria, Spain and Portugal in the 15th – 16th centuries. Guardian Angels were there seen as guardians of particular towns or regions, or of each individual. Pope Clement X made the feast day universal in 1607, fixing its date to 2 October.



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David Mercer 336155

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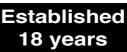




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PARISH RAMBLING GROUP TUESDAY GROUP

This group tackles slightly harder walks than the Sunday Group, and travels further afield, but we are a happy, friendly group, and would welcome new members. There are usually about ten/twelve walkers on each ramble and we share transport. Walking boots and outdoor clothing are essential as we venture into "wilder country" as can be seen from the programme below. Full details of the new programme available from David Cummings 332410.

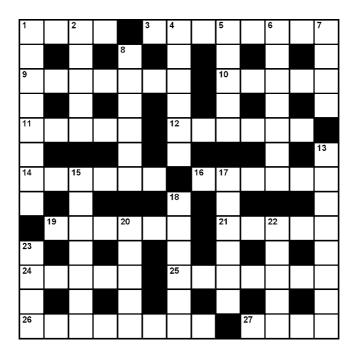
Tuesday 26th October North Wales. Anglesey. South Stack & Holyhead Mountain. 6miles Moderate. Leave Church Car Park at 8.00am Picnic Needed. Tuesday 23rd November. Cheshire. Sandstone Trail & Delamere Forest. 8miles. Moderate Leave Church Car Park at 9.00am Pub Meal at Utkinton. Further details from Liz McClure 409414 or David & Beryl on 3324210.

MACMILLAN CANCER RESEARCH FUND

On Saturday 18th September, Cummings family are taking part in the MacMillan Marathon Cliff Walk, 22 miles across the beautiful limestone cliffs of the Gower Coast in South Wales, to raise money for the MacMillan Cancer Research Fund. This now annual event raises thousands of pounds for research into cures for this dreadful disease. They are entering this very challenging walk this year, because so many friends & family have died from or have contracted cancer in recent months. The walk will take about 8 hours to complete because of the undulating terrain. They would be delighted if you would support their efforts by sponsoring them. There is a list at the back of church, or you can pledge support by telephoning 332410. Thank you.

CROSSWORD

Answers on page 27



Across

1 Water soaked mud (4)

3 A stone set up by Samuel after a signal defeat of the Philistines (8)

- 9 A repository of spices (7)
- 10 A Hebrew offering, presented with an up and down motion (5)
- 11 Commander-in-chief of Saul's army (5)
- 12 A mighty hunter and the founder of Babylon (6)
- 14 Meaning a servant of God (6)
- 16 Ancient empire extending from India to Egypt (6)
- 19 Angels ascended and descended on this in Jacob's vision (6)
- 21 Preside over (5)
- 24 A sharp-pointed tip on a stem or leaf (5)

25 One of the two disciples with whom Jesus conversed on the way to Emmaus (7)

- 26 Saved from the bondage of sin (8)
- 27 Detach the affections of (4)

Down

1 A shipwrecked person (8)
2 A person who comes from a foreign country (5)
4 On the farther side of (6)
5 Seventh of the minor prophets (5)
6 Fervent proponents (7)
7 Tall woody perennial grass (4)
8 Decide with authority (6)
13 A fortified military post (8)
15 The hardest and most valuable of precious stones (7)
17 Avoid and stay away from (6)
18 One who divines the future (6)
20 Move in a graceful and rhythmical way (5)
22 A tree fruit (5)
23 Wise men saw this in the east (4)

BOOK REVIEW

The Lindisfarne Icon - St Cuthbert and the 21st century Christian By Helen Julian SSF, £6.99, ISBN 1841013226

Even today, 1300 years after his death, people come in pilgrimage to the tomb of St Cuthbert at Durham Cathedral. This book explores how a relatively obscure seventh-century monk and bishop, who left nothing in writing and sought solitude on the edge of the Christian world, became one of England's most popular and influential saints for centuries afterwards.

His story is told in the context of the conflicts between Celtic and Anglo-Saxon traditions in the English Church, yet at the same time we learn how the life and example of this 'home grown' saint can speak to us still. Cuthbert's gifts of prophecy, healing, evangelism and wise counsel, and his deep commitment to a life of prayer, are of enduring importance for the continued spiritual growth and health of Christians of all times and places.

Helen Julian CSF is an Anglican Franciscan sister, a member of the Community of St Francis and presently serving the community as Minister Provincial. She is a contributor to BRF's New Daylight Bible reading notes.

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QIO LOCAL EVENTS DIARY QIO

SUNDAY SCHOOL

Held in the Parish Hall from 10.30 am – 11.45 am each Sunday during term-time, except when Family Service is held at St James. For further details please contact Berenice Hogg, 336779.

CHRISTLETON LADIES GUILD

Held at the Christleton Methodist Church, commencing at 2pm, Tuesdays fortnightly, £1 admission includes refreshments. For further information contact Joan Webb, 375076.

All very welcome

OPEN HOUSE GROUPS

The Monday Afternoon Group meet on the 4th Monday of the month at the home of Rena Griffiths, 24 Hawthorn Road, Christleton. Contact Margaret Bass (335517) for further information.

CHRISTLETON METHODIST CHURCH

We meet for Informal Prayers and a Simple Lunch on the first Thursday of each month at 12 noon. All welcome. There is no charge for the lunch but a donation to cover costs would be appreciated.

CHRISTLETON W.I.

Meets on the second Wednesday of the month at 7.15 pm in the Parish Hall.

CHESTER FLOWER CLUB

Meetings are held in Christleton Parish Hall on the 3rd Wednesday of the month at 1.30pm. Details of any events can be obtained from the Secretary, Mrs Edna Ellis telephone Chester 346497.

CALEVENTS DIARY

CHRISTLETON GARDEN CLUB

Meet the second Monday of the month.

CHRISTLETON W.I. MONTHLY WHIST DRIVE

Meet in the Parish Hall on the last Wednesday of the month at 2pm. All welcome.

CHRISTLETON W.I.

The next meeting will take place on 13th October when there will be a cookery demonstration by Mrs. B. Hardy "Ladies in Pigs"

MOTHER'S UNION

Our next meeting will be on Monday 11 October at 2.0 pm in the Parish Hall and on 8 November our speaker will be Liz Evans.

OCTOBER RAMBLE

We meet at the Church car park at 2.00 pm A fairly short ramble 3 miles or so around Bulkely Hill, Sandstone Trail. Boots or stout shoes recommended. We can end up at the Bickerton Poacher if this is the wish of the group but not an integral part of the proceedings! Enquiries for information Liz McClure 01244 409414

GLENTHORNE RAMBLING FELLOWSHIP WEEKEND 2005

10th, 11th 12th June 2005 Six places left! Please give your deposit (£10) to Liz to secure your place and join us if you can Telephone 01244 409414 135 Queens Road Vicars Cross Chester CH3 5HF.



CHRISTLETON WEDNESDAY GROUP

Charity Christmas Card Coffee Morning Saturday 9 October in the Parish Hall 10.00 – 12.00 noon Admission 50p includes coffee and biscuits Cards, Toys and Cakes

CHRISTLETON WEDNESDAY GROUP

Invite you to a Wine and Wisdom Evening in the Parish Hall, Christleton Friday 22 October at 7.30 for 8.00 pm Tickets £6.00 including a glass of wine and light refreshments. In aid of Hope House & Claire House Hospices.

HARVEST SUPPER

Always a most enjoyable evening at The Bickerton Poacher Saturday 16 October at 7.0 pm £8.50 for Carvery Supper & Skittles

List at the back of church or contact Janet Brown 335785. Own transport but anyone needing a lift can also contact Janet Brown.

THE CHESTER LECTURE SOCIETY

The Cheshire Lecture Society has a full programme lined up for Season 2004 - 2005 commencing Thursday October 7 when Dr Paul Hindle who was a Senior Lecturer in Geography and is Hon Sec of Manchester Geographical Society will give an illustrated talk on Crusader Castles and Desert Cities. Other speakers for October are Cliff Astin (Hill Towns of Tuscany), Keith Holmes who has taken several years in the making of DES RES, spanning a period from monastic settlements

Christleton Parish Magazine

AND LOCAL EVENTS DIARY AND

to 21st century houses, and Ann Mustoe, who gave up her post as a headmistress to cycle alone around the world and has earned a place in the Guinness Book of Records.

All meetings are at 7.30 pm prompt at the Lecture Theatre in the Grosvenor Museum. Members are admitted on presentation of their membership card. Nonmembers will be admitted on payment of £4 each (children £2). All details from Mrs Anne Large at 34 Bridge Drive, Christleton, tel 01244-336108. Meetings continue throughout November until 25["], when there is a break over December, recommencing in the New Year. New members will be very welcome - the Society members are very friendly. The Annual Subscription is £21 for 18 lectures. The Society was founded by Charles Kingsley (of the Water Babies fame) in 1871.

Christleton Local History Group.

All meetings are held at Christleton Primary School in Quarry Lane. Next Meeting Wednesday October 20th 7.30pm Speaker David Cummings The Map that changed the World.

A talk delving into the history of the study of Geology. Illustrated with slides, and an opportunity to handle many different rock specimens. Admission £2, which includes a glass of wine.

4th to 8th October 2004

National Autumn Walk to School Week

nternational Walk to School Week, held this year on October 4 - 8, gives children, parents, school teachers and community leaders an opportunity to be part of a global event as they celebrate the many benefits of walking. In 2003, approximately 3 million walkers from 29 countries walked to school together for various reasons – all hoping to create communities that are safe places to walk.

The goal of the walk varies from community to community. Some walks rally for safer and improved streets, some to promote healthier habits and some to conserve the environment. Whatever the reason, Walk to School Day events encourage a more walkable world – one community at a time.

International Walk to School is more than just getting together with children and going for a walk to school one day or week a year. This is certainly important, but the event's greater aim is to bring forth permanent change in communities across the globe

DOES DAD COMPETE WITH THE CHILDREN?

Children rate their fathers as among their least popular playmates, because they are too competitive. This is the finding of a recent survey of more than 1000 youngsters, held by the Children's Play Council.

Apparently fathers tend to 'play to win', lack imagination, or are simply at a loss as to how to play games. In any event, children up to the age of 12 would rather play with their friends, their mother or their brothers and sisters. Only one in 16 chose their fathers as their ideal companions.

The director of the Children's Play Council warns: "Dads have difficulty not being too competitive. They don't find it easy to let children win. But children will get fed up if they lose all the time. It's frankly demoralising and not much fun."

A poll by the parents website www.parents.org.uk has found that 60 per cent of parents admit to being competitive with their children, as against 40 per cent who said they were not. In any case, experts in childcare urge parents to play with their children as much as they can. Children benefit hugely from parental involvement in their lives, at all levels. "Even cuddling up on the couch and watching TV together and talking about it afterwards is useful," says one expert. ABERSOCH – HOLIDAY HOME IVY COTTAGE SLEEPS 4/6 Available for weekend and weekly bookings

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31ST OCTOBER HALLOWEEN

Modern Halloween celebrations have their roots with the Celtic peoples of pre-Christian times.

In those long-ago days, on the last night of October, the Celts celebrated the Festival of Samhain, or 'Summer's End'. The priests, or Druids, performed ceremonies to thank and honour the sun. For there was a very dark side to all this. Samhain also signalled the onset of winter. a time when it was feared that unfriendly ghosts, naturespirits, and witches roamed the earth, creating mischief. So the Druid priests lit great bonfires and performed magic rites to ward off or appease these dark supernatural powers.

Then the Romans arrived, and brought their Harvest Festival which honoured the Goddess Pomona with gifts of apples and nuts. The two festivals slowly merged.

When Christianity arrived still later, it began to replace the Roman and Druid religions. 1 November - All Saints' Day was dedicated to all Christian Martyrs and Saints who had **24** died. It was called 'All Hallows' Day'. The evening before became an evening of prayer and preparation and was called 'All Hallows' Eve', The Holy Evening, later shortened to 'Halloween'.

For many centuries, however, fear of the supernatural remained strong. During the Middle Ages, animal costumes and frightening masks were worn to ward off the evil spirits of darkness on Halloween. Magic words and charms were used to keep away bad luck, and everybody believed that witches ride about on broomsticks. Fortune telling was popular, and predicting the future by the use of nuts and apples was so popular that Halloween is still sometimes known as Nutcrack Night or Snap-Apple Night.

Today, Christians have learned to turn to prayer instead of charms to overcome the powers of darkness. And the deeper, true meaning of All Hallows' Eve, should not be forgotten. As Christians, we all draw closer to Christ when we remember and give thanks for our loved ones and for others who have gone before us through the gates of death.

Are you getting your forty winks?

According to a recent study, more than a third of Britons have problems getting to sleep at least once a week. But insomnia doesn't only mean not being able to get to sleep. It includes waking up during the night for long periods, early morning waking, or having unrefreshing sleep.

It's a serious problem, not least because drowsiness is a major cause of accidents. The Sleep Research Centre at Loughborough University found that drivers dozing off at the wheel cause 16 per cent of road accidents.

Many factors can contribute to insomnia, such as stress, alcohol, a partner snoring, jet lag, depression or anxiety. Here are a few tips on how to get enough sound sleep:

- Keep to a routine go to bed at the same time every night and get up at the same time
- Stop smoking, and avoid tea and coffee in the evenings
- Take regular exercise
- Don't take naps during the day

- Write down any worries to deal with the next day. This reduces the risk that they will re-surface in the early hours and keep you awake
- Some over-the-counter medicines maybe be helpful for the occasional bout of insomnia, but if you are taking other medication check with a pharmacist or your doctor before taking such remedies
- If you can't sleep, get up and read in a dim light until you feel sleepy. This is better than lying in bed worrying about not sleeping!

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The Women's team are still top of the Cheshire League with one game to play.

We would like to thank the following sponsors for their support during August:

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Autumn Song

October is a piper, Piping down the dell -Sad sweet songs of sunshine -Summer's last farewell, He pipes till grey November Comes in the mist and rain, And then he puts his pipe awav Till Autumn comes again.

By Margaret Rose

Our Friend

You're the Alpha and Omega The beginning and the end. The God in whom we place our trust And utterly depend. You're the One who's all forgiving And kind and just and true, So merciful and powerful – Who can compare with You?

You are mighty and majestic Yet gentle as a dove, Delighting in Your children Enfolding us in love. Compassionate and full of grace And faithful to the end, We come with hearts of joy to serve Our Saviour and our Friend.

By Kathleen Gillum



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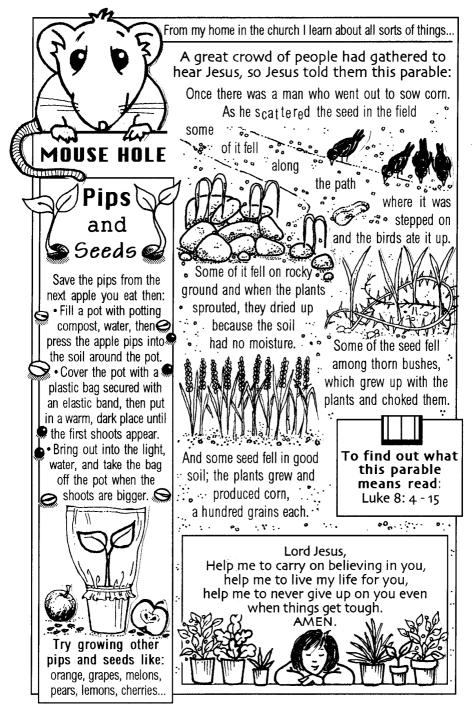
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October, 2004

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Registered Charity 1022817 Christleton Under Fives is an established pre school playgroup attracting children from a wide area. It enjoys good and well founded links with Christleton Primary School. Children from the age of 2 1/2 years until school age are accepted. Please contact the Supervisor, Carole Penny, on 336586 for further details.

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Parish Registers for August 2004

Baptism

1st Lily Jude Cuddihy daughter of Martin Cuddihy & Claire Testi 27 Western Avenue, Blacon, Chester.

"We welcome you into the Lords Family"

The Wedding Service

6th Edmund Millenstead 16 Burdett Way, Repton Derby, & Hannah Rose Taylor

Ivy House, Pepper Street, Christleton.

- $\mathbf{27}^{\text{th}}$ Michael Hall & Rebecca Newall
 - 10 Church Walks, Christleton.

"Those who God has joined together, let not man divide"

The Funeral Service.

- 2nd 4th Stanley Davies The Bungalow, Fir Tree Lane, Littleton.
- Joseph Frederick Wild 2 Haslin Crescent, Christleton
- 4 11th Alan Edward Davies 8a Lightfoot Street, Hoole, Chester.
- 11th Elizabeth Yvonne Helmsloorth Hellicar The Old Glass House, 60 Whitchurch Road

Christleton.

20th Hilda Mary Clarke Birch Heath Lodge Nursing Home, Village Road, Christleton.

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		Family Service	2nd Sunday
		Mattins	4th & 5th Sundays
	6.30 p.m	Evensong	1st, 2nd & 3rd Sundays
		Evening Communion	4th Sunday
		Songs of Praise	5th Sunday
WEDNESDAYS	10.45 a.m.	Holy Communion	
SAINTS	9.30 a.m.	Holy Communion	

WHO'S WHO & WHAT'S WHAT

Rector:

The Rev'd K. Peter Lee, M.A. The Rectory, Birch Heath Lane, Christleton 335663

Wardens:	David Mercer, 13 Bridge Drive, John Pearson, 2 Badgers Close	336155 335101	
Reader Emeritus	John Roberts, Cerisy, Birch Heath Lane	332207	
Verger	David Ellis	336879	
Sacristan:	Betty Dunning	335652	
Sunday School:	Berenice Hogg	336779	
Mother's Union Branch Leader	Margaret Renner	332005	
Organist & Musical Director:	Steve Roberts	815277	
P. C. C. Secretary:	Margaret Croston	335955	
Treasurer:	Cec Rydings	336483	
Stewardship Envelope:	Betty Dunning	335652	
Gift Aid Secretary	Martin Wheeler	336644	
Bellringers	Ian Braithwaite	300565	
Bellringer Vice Captains	Michael Phillips	01829 771357	
C	Ian Crossan	332280	
Parish Hall Booking	David Mercer	336155	
C. M. S. Secretary	Janet Brown	335785	
Children's Society Sec.	Lesley Morgan	335088	
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